

15 September 2025

Dear Parent/Carer

Welcome to your termly Personal Development Learning (PDL) letter. Each term you will receive information about what your child(ren) will be learning about in the PDL sessions.

In PDL lessons we will be exploring the themes of combatting terrorism and extremism:

- Conspiracy theories
- What is extremism? What is terrorism?
- What is radicalisation?
- What is counter terrorism?

Also, we will be exploring the topics of violence, crimes and keeping ourselves safe:

- Honour-based violence
- Forced marriage
- Modern day slavery
- Gambling
- Social media validation
- Keeping data safe

There will also be a focus day for the whole year group on relationships and sexual health.

The PDL learning journeys for the academic year are also available to view on the school website:

[https://springfield.uk.net/images/files/programmes\\_of\\_study/PDL\\_-\\_Lesson\\_Time.pdf](https://springfield.uk.net/images/files/programmes_of_study/PDL_-_Lesson_Time.pdf)  
[https://springfield.uk.net/images/files/programmes\\_of\\_study/PDL\\_-\\_Tutor\\_Time.pdf](https://springfield.uk.net/images/files/programmes_of_study/PDL_-_Tutor_Time.pdf)

Please be assured that during our PDL sessions the topics are covered with an age-appropriate approach and that we have ground rules embedded as part of the session to ensure that it is seen as a safe space to ask questions, whilst ensuring the safeguarding of all.

You may find the following link(s) helpful if you wish to discuss these topic areas with your child(ren).

<https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/talking-about-difficult-topics/>  
<https://childmind.org/article/how-using-social-media-affects-teenagers/>  
<https://www.educateagainsthate.com/define-extremism-terrorism-uk-2/>

Yours sincerely



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