

15 September 2025

Dear Parent/Carer

Welcome to your termly Personal Development Learning (PDL) letter. Each term you will receive information about what your child(ren) will be learning about in the PDL sessions.

This term, in PDL lessons Year 11 will be looking at Your future and beyond including:

- Post 16 options
- Planning for the future
- CV's and letters of application
- Interviews and how to make a good impression

We will then be focussing on:

- FGM (Female Genital Mutilation)
- Sexting - the legalities
- Pornographic material - the legalities
- Domestic and relationship abuse and where to get help and advice

The Year group will also be having a focus day on budgeting and finance in adulthood.

The PDL learning journeys for the academic year are also available to view on the school website:

https://springfield.uk.net/images/files/programmes_of_study/PDL_-_Lesson_Time.pdf
https://springfield.uk.net/images/files/programmes_of_study/PDL_-_Tutor_Time.pdf

Please be assured that during our PDL sessions the topics are covered with an age-appropriate approach and that we have ground rules embedded as part of the session to ensure that it is seen as a safe space to ask questions, whilst ensuring the safeguarding of all.

You may find the following link(s) helpful if you wish to discuss these topic areas with your child(ren).

<https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/talking-about-difficult-topics/>
<https://www.myworldofwork.co.uk/getting-a-job/cvs-and-applications>

Yours sincerely



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