

3 September 2026

Dear Parent/Carer

Re: Year 10 Personal Development Learning (PDL) Themes - Autumn Term

I am writing to inform you about the varied and interesting PDL themes we will be exploring this term. During their PDL lessons this term Year 10 will be looking at the following themes:

- What are conspiracy theories and how to spot misinformation
- What is extremism and terrorism?
- Understanding what radicalisation is?
- What is counter terrorism?

Also, we will be exploring the themes of violence, crimes and keeping safe which includes the topics:

- Honour-based violence
- Forced marriage
- Modern day slavery
- Gambling
- Social media validation
- Keeping data safe

There will also be a focus day for the whole year group on relationships and sexual health.

The PDL learning journeys for the academic year are also available to view on the school website:

https://springfield.uk.net/images/files/programmes_of_study/PDL_-_Lesson_Time.pdf
https://springfield.uk.net/images/files/programmes_of_study/PDL_-_Tutor_Time.pdf

Please be assured that during our PDL sessions the topics are covered with an age-appropriate approach and that we have ground rules embedded as part of the session to ensure that it is seen as a safe space to ask questions, whilst ensuring the safeguarding of all.

You may find the following link(s) helpful if you wish to discuss these topic areas with your child(ren).

<https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/talking-about-difficult-topics/>
<https://childmind.org/article/how-using-social-media-affects-teenagers/>
<https://www.educateagainsthate.com/define-extremism-terrorism-uk-2/>

Yours sincerely



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